



Yr Orsaf

Restaurant & Bar

Menu

pembreycountrypark.wales



Pasteiod a Rhywbeth Bach

Croissant (LI)	£2.00
Pan Au Chocolat (LI)	£2.00
Tost, Menyn a Jam/Marmalêd (LI)	£1.50
Cacen de wedi ei thostio, Menyn a Jam/Marmalêd (LI)	£2.00
Pot Uwd, Jam (LI)	£2.50

Myffins a Chacennau

(Gofynnwch am ddetholiadau heddiw)

Donyts	£2.00
Myffin duon bach	£2.50
Myffin Siocled Gwyn Mafon	£3.00
Myffin Siocled Dwbl	£3.50
Myffin Caramel Halt	£4.00
Cacen Sbwng Victoria	£4.00
Cacen Siocled Heb Glwten	£4.00
Cacen Arbennig	£4.00
Pastai Meringue Iemwn	£4.00
Cacen Gaws y Dydd	£4.00

Cychwyn Melys

Crempogau neu Wafflau

Gyda Bacwn a Surop Masarn	£7.00
Gydag Aeron a Hufen neu Bisgoff (LI)	£7.00

Ar Dost

Dewis o Dost Brown neu Gwyn

Caws (LI)	£3.50
Ffa (F)	£3.50
2 wy, (LI) (wedi'u sgramblo neu eu ffrio)	£4.50
Madarch (F)	£4.50

Brecwast

Brecwast Bach	£6.00
Bacwn, Wy wedi'i Ffrio, Ffa Pob, Hash Browns Bach a Thost	
Brecwast Llawn	£9.00
Bacwn, selsig (HG), wy, tomato, madarch, ffa Pob, Hash Brown a Thost	

Rholiau Brecwast

Bara a rholiau heb glwten ar gael ar gais

Bacwn	Rholyn £4.50 / Baguette £5.00
Selsig (HG)	Rholyn £4.50 / Baguette £5.00
Bacwn ac Wy	Rholyn £5.00 / Baguette £6.00
Selsig ac Wy	Rholyn £5.00 / Baguette £6.00
Bacwn a Selsig	Rholyn £5.50 / Baguette £6.50
Wy ac Madarch (LI)	Rholyn £5.00 / Baguette £6.00

Deiet Fegan

Selsigen Lysieuol (F)	Rholyn £4.50 / Baguette £5.00
Brecwast Fegan (F)	£10.00
Selsig Llysiau, Tomato, Madarch, Ffa Pob, Darnau bach o Hash Brown a Thost	



Rhywbeth Bach

Powlen o Olifau (F, HG)	£4.00
Bara Garleg, ychwanegu caws +£0.50 (LI)	£3.00
Ffrio, ychwanegu caws +£1 (LI)	£3.00
Sglodion Tato Melys (F, HG)	£3.50
Cylchoedd Winwns (F, HG)	£3.00
Salad fach (F, HG)	£4.50

Pizzas

Pizza HG a chaws LI ar gael ar gais

Margarita (LI)	£9.00
Pepperoni	£11.50
Gwledd Gig- Pepperoni, Ham, Selsig a Chig Eidion Sbeislyd	£14.00
Llysieuwyr - Madarch, Pupurau, Corn	£12.00
Melys, Nionod (LI)	
Cyw Iâr Pesto – Mozzarella Ffres a Tomatos Sych	£13.00

	Brechdan	Tosti	Baguette	Taten Pob (HG)
Ffa a Chaws (LI).....	----	----	----	£6.00
Caws a Tomato (LI).....	£5.00	£6.00	£5.50	£6.00
Ham a Tomato.....	£5.00	£6.00	£5.50	£6.00
Ham a Chaws.....	£5.50	£6.50	£6.00	£6.50
Caws a Chutney (LI).....	£5.50	£6.50	£6.00	£6.50
Pesto Cyw Iâr a Tomatos Sych	£5.50	£6.50	£6.00	£6.50
Cyw Iâr a Bacwn.....	£5.75	£7.00	£6.50	£7.00
Maiones Tiwna.....	£5.75	£7.00	£6.50	£7.00
Hwmws, Betys a Salad (F).....	£5.50	£6.50	£6.00	£6.50

pob un wedi'i weini gyda salad ochr a choleslo



Bwyd Cymreig



Cocos wedi'u Ffrio	£6.00
Cawl Cig Oen	£8.00
Rarebit Cymreig	£7.00
Ffagotsen- Tato Stwnsh, Pys Stwnsh, a Grefi	£12.00

Prif Gwrs

Rholiau HG ar gael ar gais

Pysgod a Sglodion Pys, Saws Tartar	£12.00
Byrgyr Cig Eidion gyda Bacwn a Chaws Letys a Tomato, Sglodion a Cholslo	£12.00
Lasagne Cig Eidion wedi'i weini gyda bara garlleg a salad ochr	£12.00
Lasagne Fegan (F) wedi'i weini gyda bara garlleg a salad ochr	£12.00
Cyrri cyw Iâr wedi'i fenynu (HG heb Naan) Naan, Reis, Sglodion neu 1/2 & 1/2	£12.00
Selsig a Tato Stwnsh wedi'i weini gyda phys a grefi	£12.00

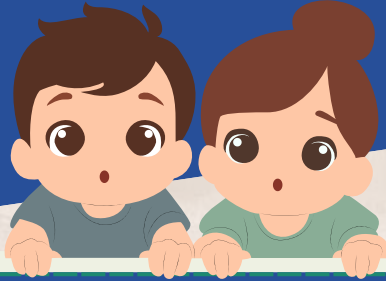
Gofynnwch i ni am ein Cynigion Arbennig Dyddiol!

HG - Heb Glwten

LL - Lllys

F - Fegan

Alergeddau ac Anoddefiadau Bwyd, dywedwch wrth aelod o staff cyn
archebu a gofynnwch am unrhyw wybodaeth.



PRYDAU ! • BLANT •

£5.00 yr un

Ar gael tan 11:30yb

BRECWAST

Wy a Ffa Pob ar Dost (LI)

Brecwast Bach, Bacwn neu Selsig, Wy a
Ffa Pob, Hash Browns Bach

Mae pob pryd yn dod gyda bocs sudd neu
wydraid o laeth



Ar gael 12yp – Cau

BOCS CINIO

Bara HG ar gael

Brechdan Ham, Caws neu Jam
gyda chreision a Freddo
a ysgytlaeth neu bocs sudd

Ar gael 12yp – Cau

CINIO / SWPER

Selsig (HG)

Brathiadau Penfras

Nygets Cyw Iâr

Pizza Bach (LI)

Byrgyr Cig Eidion

Gweinir pob prif gwrs gyda sglodion neu
stwnsh a phys neu ffa

Pob pryd yn dod gyda bocs sudd





£3.50

£3.50

£3.50

£2.50



£3.00



£3.00



£3.00



£2.50



£2.50



£2.50



£2.50



£2.50



£2.50



£3.00



£2.50

Diod Poeth | Hot Drinks



Americano	£2.70
Espresso Dwbl / Double Espresso	£2.00
Latte	£3.20
Mocha	£3.50
Cappuccino	£3.20
Coffi Gwyn Fflat / Flat White	£3.20
Te/Tea	£2.00
Siocled Poeth / Hot Chocolate	£3.20
Siocled Poeth Moethus / Deluxe Hot Chocolate	£3.70

Diod Meddal | Soft Drinks

Coke/7 Up/Fanta/Dr Pepper/Ginger Beer	£1.60
Diet Coke/Coke Zero/7Up Zero/Diet Oran /Orange Tango	£1.50
Sudd Ffrwyth /Fruit Juice	£1.00
Ysgytlaeth / Milkshake	£1.00
Dŵr /Water	£1.50
Dŵr Pefriog / Sparkling Water	£1.50



Hufen lâ | Ice Cream

Magnum Classic	£3.50
Magnum White	£3.50
Magnum Vegan	£3.50
Cornetto	£3.00
Callipo	£2.50
Mario Tubs	£2.50
Feast Original	£2.50
Solero Exotic	£3.00
Twister	£2.50



 Utterly Mutterly £2.50

Cacennau | Cakes

(Gofynnwch am ddetholiadau heddiw)

(Ask for today's selections)

Donyts	£2.00	Donut
Myffin duon bach	£2.50	Blueberry Muffin
Myffin Siocled Gwyn Mafon	£3.00	Raspberry White Choc Muffin
Myffin Siocled Dwbl	£3.50	Double Choc Muffin
Myffin Caramel Halt	£4.00	Salted Caramel Muffin
Cacen Sbwng Victoria	£4.00	Victoria Sponge Cake
Cacen Siocled Heb Glwten	£4.00	Choc Fudge Cake (GF)
Cacen Arbennig	£4.00	Special Cake
Pastai Meringue Iemwn	£4.00	Lemon Meringue Pie
Cacen Gaws y Dydd	£4.00	Cheesecake of the Day

